

HEALTH RECOVERY 101 6 WEEK "EXPERIENCE"

Learning the BIG PICTURE
about obtaining and
maintaining your path to
health & WELLNESS!

Membership Includes:

6 E-Class Coaching Sessions

And get my

Junk Food Detox called

"Eating4Energy" for FREE!

Check it out here:

[Health Recovery 101 members only](#)

Special

ONLY

\$65



THERE ARE THINGS WE CAN DO!
WE GOTTA SAVE OURSELVES!
EAT FOR LIFE TO LIVE!!!