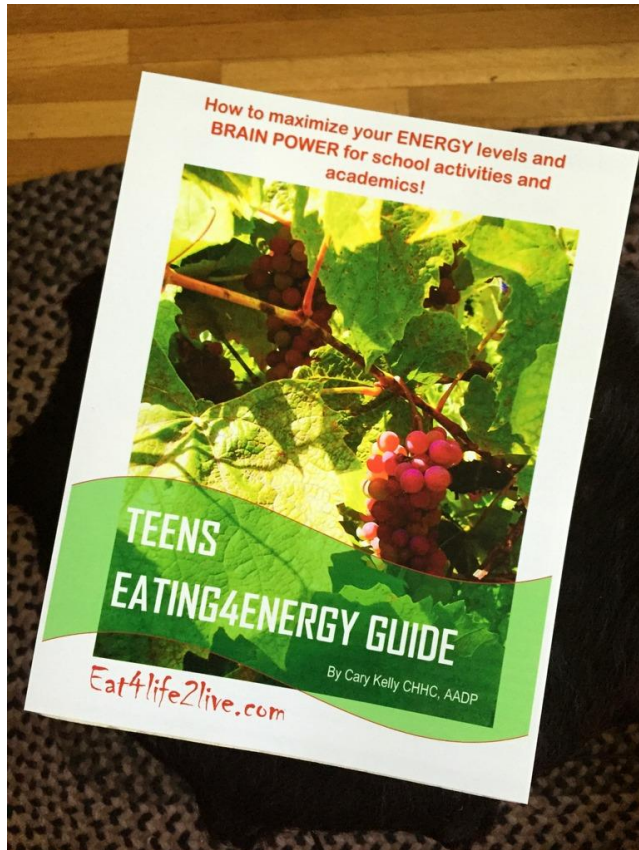


We Gotta SAVE the CHILDREN TOO!

ATTENTION all PARENTS and TEACHERS!



Finally, a truthful resource with unbiased information (concepts untainted by industry sponsors) to teach our TEENS and young adults the concept of health & wellness, and the core key essentials of HOW we get there AND KEEP our good health! They will not learn this from our current medical or educational systems! Simple guidance with colorful photos and video links are built right into the E-BOOK! This is written for middle school age and up, designed to get kids to think TWICE about their everyday choices and WHY!!

Why not share this simple handbook for *HEALTH* with a TEEN you LOVE and get it on their IPAD? Teaching our youth WHY we must

"Eat for Life to LIVE!!"

TEENS EATING4ENERGY GUIDE

EBOOK Special only \$4.99! OR a *paperback book available by special order at \$21.99!* [Click HERE](#)

Where will the next generation learn a diet and lifestyle that supports the human body to function in tip-top shape? TV Advertisements? **NO!** School? **NO!** For several decades now, these simple steps to obtain and maintain health are no longer routinely taught. This is a missing piece of the puzzle in solving the healthcare crisis and the recent obesity epidemic in public health today!

We GOTTA SAVE OURSELVES! *Sincerely, Cary Kelly aka: MzEatright*

